

The Greenhouse & Senior Art Studio

AUGUST 2010 EVENTS

- MONDAY – 9th** **HORTICULTURE PRESENTATION – 10:00 A.M.** – Stan Dutile, County Agent from the LSU AgCenter, will give a presentation on “Planning Your Fall Garden”. A question and answer session on gardening topics will follow the presentation.
- WEDNESDAY – 11th** **STRESS REDUCTION – 12:00 P.M.** – Kelly Jolivet-Thomas, Community Liaison with Medical Management Options, will present information on Stress Reduction and Meditation Techniques.
- TUESDAY – 17th** **AARP DRIVER SAFETY COURSE - 8:00 A.M. – 1:00 P.M.** – The fee for this driver safety course is \$12.00 for AARP members and \$14.00 for non members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **Please Register.**
- WEDNESDAY – 18th** **MAGNOLIA’S HOME CARE PRESENTATION – 12:00 P.M.** – Monique Senegal, Supervised Independent Living Coordinator with Magnolia’s Home Care, will tell you about the concept of Supervised Independent Living. This program of assistance may allow you to stay in your home instead of a care facility. To keep the presentation interesting, Monique will draw names for door prizes during the presentation.
- WEDNESDAY – 25th** **AMERICAN CANCER SOCIETY PROGRAM – 12:00 P.M.** – Shimeka Chretien-Bass, Health Initiatives Representative for the American Cancer Society, Mid South Division, will give you a brief overview of the programs and services available in the Acadiana area.
- FRIDAY – 27th** **BLOOD PRESSURE SCREENING 10:00 A.M. – 11:00 A.M.** – Debra Savoie, of AAA Home Health, Inc. and AAA Hospice, will provide free blood pressure screening.
- FRIDAY – 27th** **MEDICARE QUESTIONS AND ANSWERS LUNCHEON – 11:00 A.M.** – Trevor Braun and Doug Cates, with Physician’s Mutual, will present information about Medicare, as well as choices available to you in Medicare Supplements, Medicare Advantage and Medicare Part D. A question and answer session on Medicare will follow the presentation. **Please Register.**

NOTES FROM THE GREENHOUSE

CITY- PARISH HALL ART EXHIBIT – The exhibit of paintings by the painters of the Senior Art Studio continues through August 26th. Please take advantage of the opportunity to view the work of these talented seniors in this group show.

UL LAFAYETTE EXERCISE CLASS – The Fall 2010 Semester of UL Lafayette Exercise Class will begin August 23rd. Registration forms and Physician’s Consent Forms are now available at the Greenhouse and the Rosehouse.

REGULARLY SCHEDULED PROGRAMS

Monday-	8:00 AM	Exercise
	8:30 AM	Ceramics
	9:30 AM	Oil/Acrylic Painting
	10:00 AM	Pokeno (First and Third Monday of Each Month.)
	10:30 AM	AARP Meeting (Fourth Monday of Each Month)
Tuesday-	8:30 AM	Ceramics
	9:00 AM	Basic Computer Class will last until 11:00 a.m.
	11:00 AM	Water Coloring
	12:00 PM	Pokeno (Second and Fourth Tuesday of Each Month)
	1:00 PM	Internet Class will last until 3:00 p.m.
Wednesday-	8:00 AM	Exercise
	8:30 AM	Ceramics
	9:00 AM	Porcelain Painting
	12:30 PM	Bingo
Thursday-	8:30 AM	Ceramics
	10:30 AM	Beginner's Line Dancing
	12:00 PM	Line Dancing
Friday-	8:00 AM	Exercise
	8:30 AM	Ceramics (<u>Except day of luncheon</u>)
	12:30 PM	Bingo

GOAL

The goal of the Senior Centers is to meet the needs of elderly persons from various cultural, economic and ethnic backgrounds through the continuous development of a comprehensive program of activities.

MEMBERSHIP

Membership is free and is open to persons who reside in Lafayette Parish and are 55 years of age and older.

CONTACT INFORMATION

Location:	110 NE Evangeline Thruway Lafayette, LA 70501	
Phone:	(337) 291-5458	Fax: (337) 291-5456
Hours:	Monday - Friday 8:00 AM - 4:30 PM	

**LAFAYETTE CONSOLIDATED GOVERNMENT
COMMUNITY DEVELOPMENT DEPARTMENT
HUMAN SERVICES DIVISION / SENIOR CENTERS
<http://www.lafayettela.gov/cd/dpt842seniorcenter.asp>**